

## The Problem: Leading Causes of Death in the United States



659,041

Heart disease



599,601

Cancer



173,000

Adverse drug events

Adverse drug events have contributed to 100,000 deaths per year, not including 73,000 opioid-related deaths<sup>2</sup>

- 1. Centers for Disease Control and Prevention. National Center for Health Statistics. Leading Causes of Death. https://www.cdc.gov/nchs/fastats/leading-causes-of-death.htm. Accessed July 29, 2019.
- 2. National Institute on Drug Abuse. Overdose Death Rates. https://www.drugabuse.gov/related-topics/trends-statistics/overdose-death-rates. Accessed July 29, 2019.
- 3. US Food and Drug Administration. Preventable Adverse Drug Reactions: A Focus on Drug Interactions. https://www.fda.gov/drugs/developmentapprovalprocess/developmentresources/druginteractionslabeling/ucm110632.htm. Accessed July 29, 2019.



## Typology: Adverse Drug Events Are NOT Medication Errors

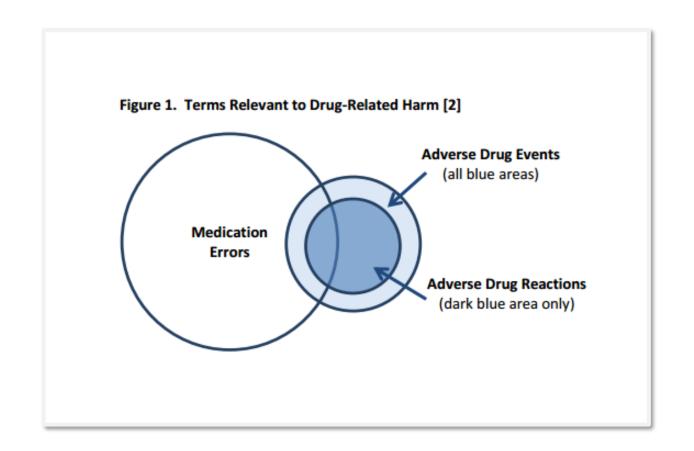
#### **Medication Error:**

Inappropriate use of a drug that may or may not result in harm

 Such errors may occur during prescribing, transcribing, dispensing, administering, adherence, or monitoring of a drug

## **Adverse Drug Events:**

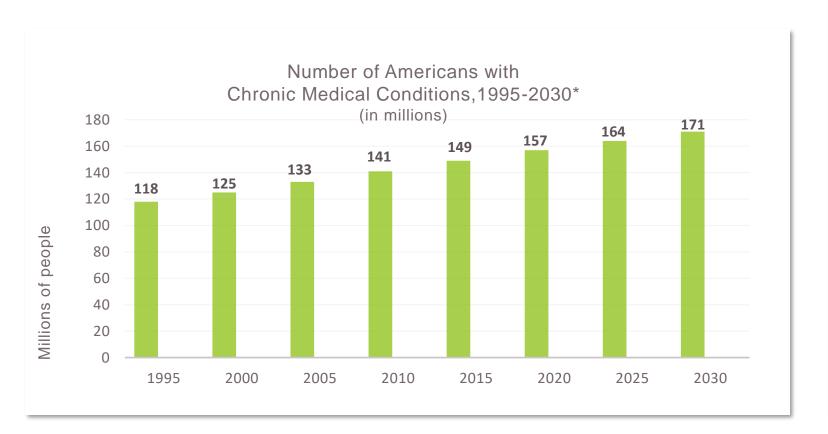
Harms directly caused by a medication at normal doses



## Adverse Drug Event Risks Will Rise With Chronic Conditions

## Chronic conditions are on the rise and medications treating them are responsible for a higher prevalence of adverse drug events (ADEs).

45% increase in the number of people with chronic medical conditions.



# 59% of ER visits from ADEs are associated with:



Anticoagulants



**Diabetes Agents** 



**Opioid Analgesics** 

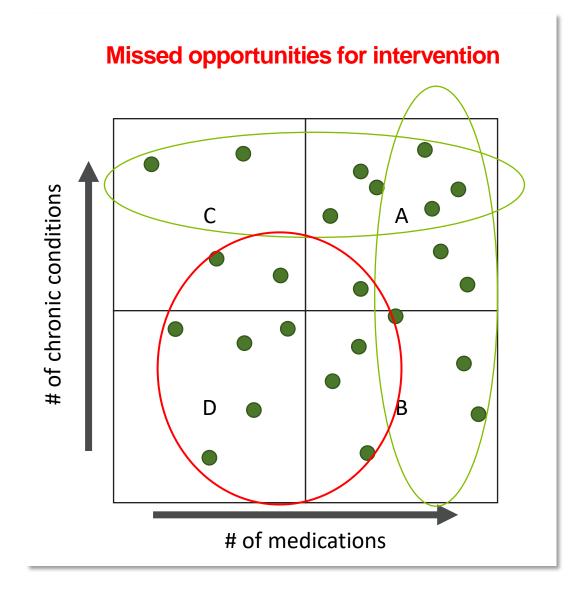


## **Hidden Dangers And Financial Risk**

The inadequacy of the current chronic disease management

#### The Challenges:

- Medication therapy management has placed the emphasis on number of medications and number of chronic illnesses
- Number of medications is not necessarily associated with risk
- An emphasis on adherence can increase risk if not looked at holistically
- Disease management programs can be too narrowly focused, resulting in missed opportunities to intervene and address risks





#### **Introducing Tabula Rasa HealthCare's**

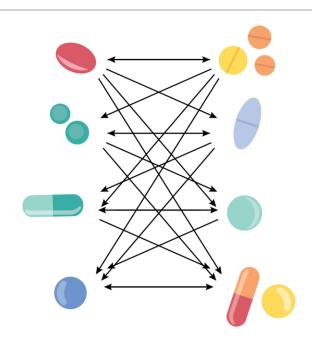




#### **Innovative Science to Lower Total Cost of Care**

#### **Traditional**

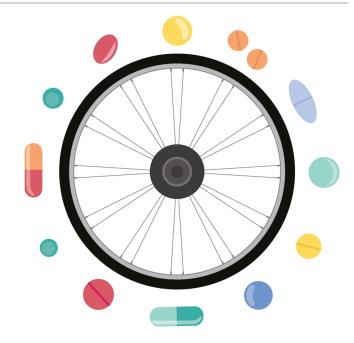
One-to-one drug analysis



This antiquated and obsolete one-to-one drug interaction software is current industry standard and lacks the ability to assess aggregate adverse drug event risk of a patient's unique medication regimen.

## **Updated**

Simultaneous multi-drug analysis



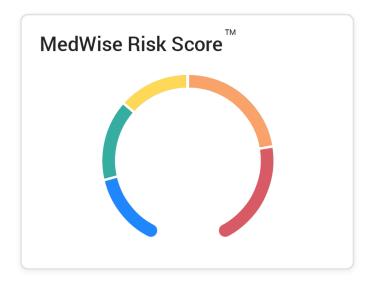
MedWise® assesses the combined risk of a patient's medications in aggregate and guides pharmacists, prescribers and clinicians toward individualized medication management.



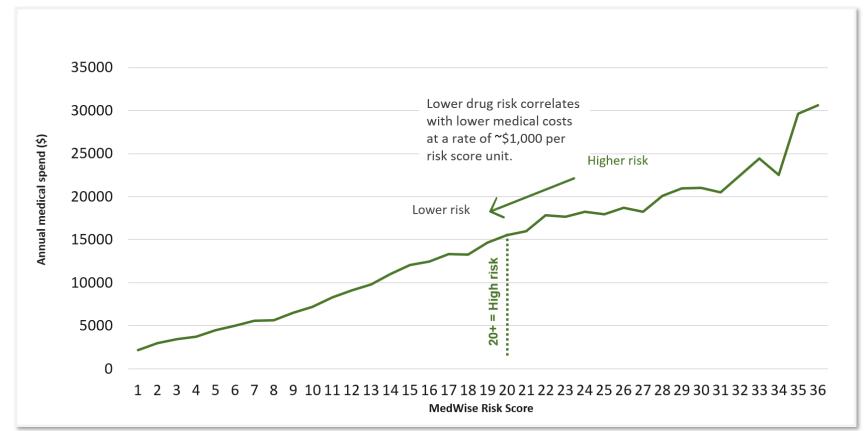


## **TRHC's Proprietary Risk Stratification**

Individuals with a risk level above "high" have been found to spend twice the medical spend as the average patient.

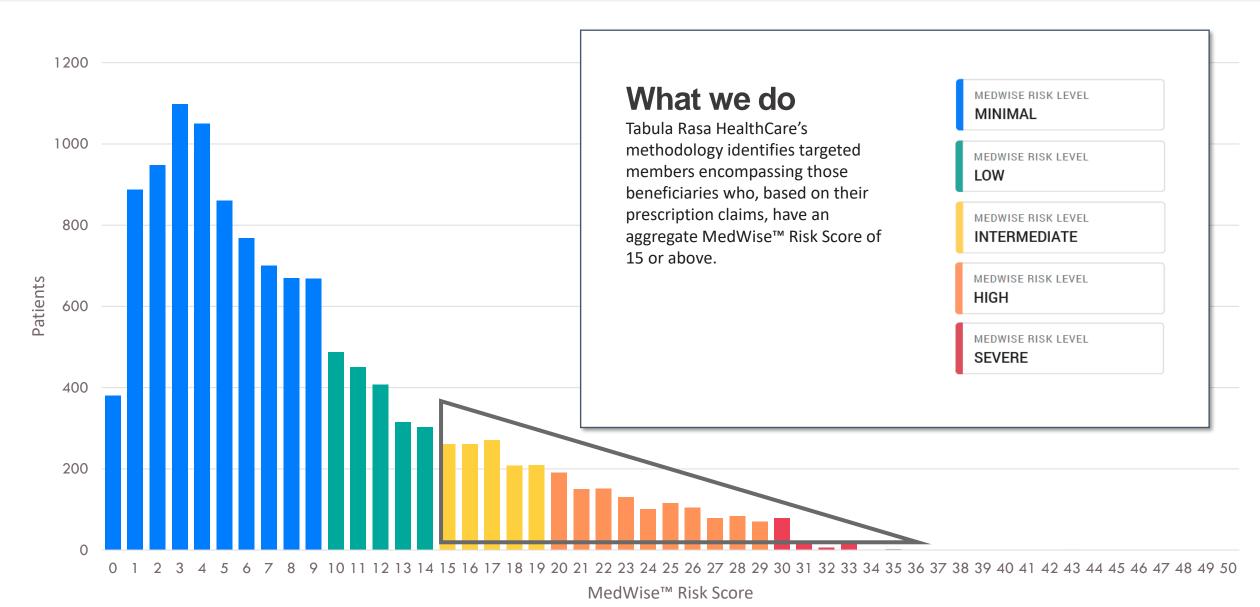


- Minimal risk
- O Low risk
- Intermediate risk
- O High risk
- Severe risk





## **Stratify: Risk Stratify Population**

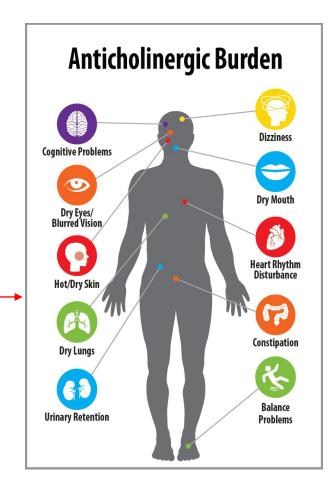


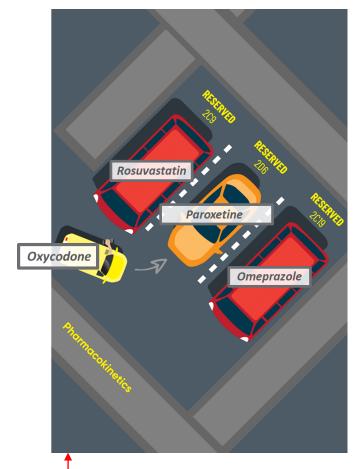


### The PK/PD Science Underlying MedWise®

## The MedWise Risk Score™ is supported by the identification of risk factors and side effects

- + Adverse Event data derived from the FDA Adverse Event Reporting System (FAERS)
- + Side effects of medications with anticholinergic and sedative properties are more pronounced with higher accumulative anticholinergic and sedative burden, respectfully
- + Long QT syndrome may lead to ventricular arrhythmias, such as Torsade de Pointes, that can lead to sudden death
- + Substrates with greater affinities may cause competitive inhibition

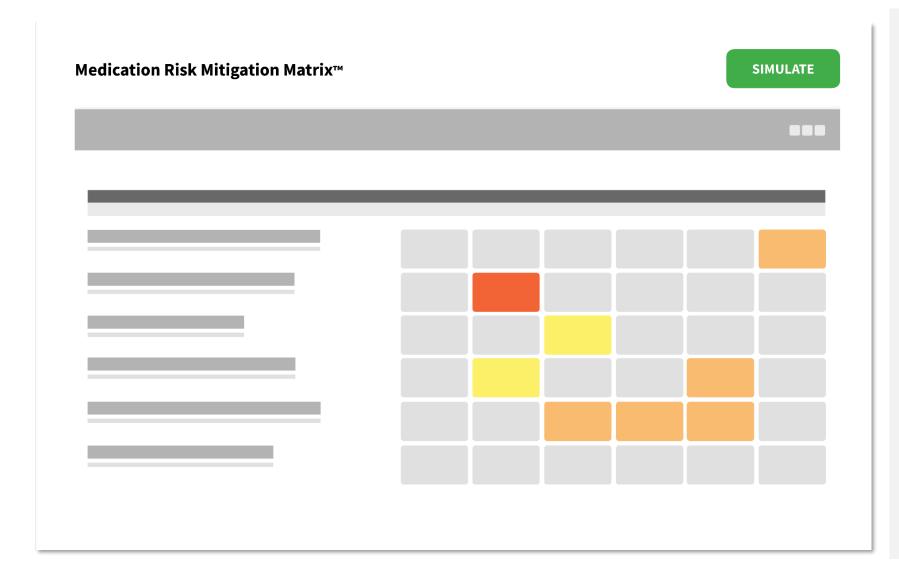




CYP2D6



## Intervening to Identify Clinical Risks and Providing Recommendations



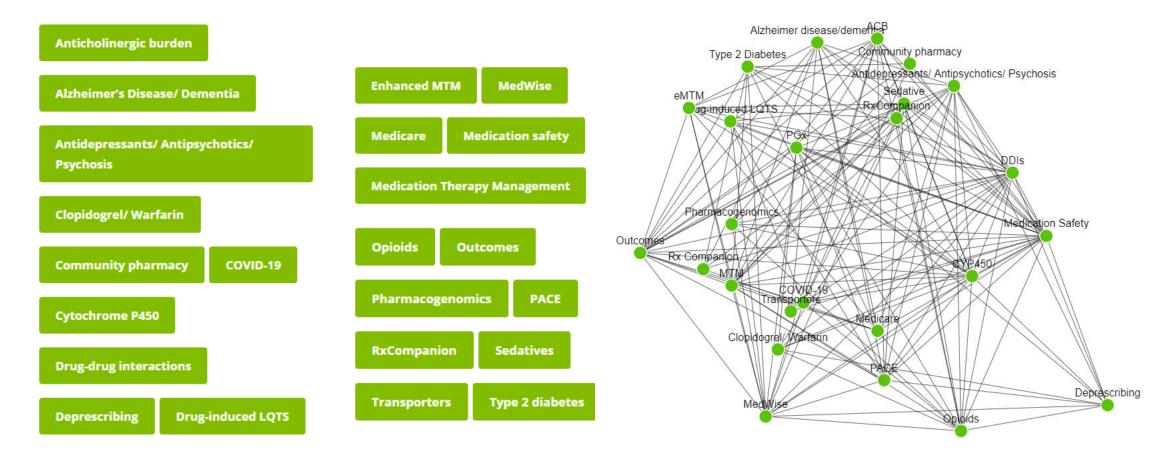
# Intervention recommendations provided include:

- Change time of administration
- Decrease medication dose
- Change medication
- Discontinue prescription medication
- Monitor medication side effects
- Dietary recommendations



## TRHC Publications (All Catalogued & Accessible Online)

+ Successfully authored at least one publication in a peer-reviewed journal <u>every</u> week of the year (2020) through current





Source: <a href="https://www.tabularasahealthcare.com/research-development/publications-and-reports/">https://www.tabularasahealthcare.com/research-development/publications-and-reports/</a>



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# Questions?

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